



## “Run the Silk Road” Marathon tour

Day	Date	Tour	Meals	Accommodation
1	29 April Fri.	<p><b>Airport - Bishkek city (30 km). Excursion to Ala Archa Natural Park (45km)</b>            Upon arrival to the airport you will be met by your guide and drive to the hotel for check-in.            After short rest and breakfast in the hotel drive to the Ala Archa Natural Park for easy hiking along the valley.            Lunch barbeque.            After the excursion and easy hiking return to Bishkek. Upon arrival sightseeing tour visit: Central Ala Too square, State Historical Museum (closed on Monday), White House, Parliament house, Change of guard, Lenin Statue, Victory square and etc.            Dinner and overnight in the hotel.</p>	BLD	Shah –Palace/ Futuro/ Ak-Keme
2	30 April Sat.	<p><b>Bishkek – Issyk Kul Lake via Burana Tower (280 km)</b>            In the morning after breakfast you will drive to Cholpon Ata town en route visit UNESCO sites:            1) Nookat settlement ruins (modern name Krasnaya Rechka)            2) Suyab settlement ruins (modern name Ak Beshim)            Later we drive to Tokmok town to have a lunch in a local Kazakh family. After lunch we continue our excursion to:            3) Balasagyn settlement ruins (modern name Burana tower)            After excursion we continue drive to Issyk Kul Lake. Upon arrival further drive to the hotel for check-in.            Dinner and overnight in the hotel.</p>	BLD	Kyrgyzskoe Vzmore
3	1 May Sun.	<p><b>Cholpon Ata town</b>            Registration day to marathon (registration will be in the hotel).            After breakfast drive to the open air museum Petroglyphs site and Ethnographical museum in Cholpon Ata town.            Lunch in a local café.            Return to the hotel.            Free time.  <b>Optionally: Boat Cruising on Issyk Kul lake.</b></p>	BLD	Kyrgyzskoe Vzmore
4	2 May Mon.	<p><b>Marathon Day</b>  <b>Optionally: Party after marathon.</b></p>	BLD	Kyrgyzskoe Vzmore
5	3 May Tue.	<p><b>Cholpon Ata – Karakol gorge - Karakol town (170km)</b>  <b>Optionally: Boat Cruise on Issyk Kul lake.</b>            After breakfast in the hotel drive to the Karakol gorge along the Northern Shore of Issyk Kul lake. Upon arrival to the Karakol gorge easy hiking along the gorge its good opportunity to see the different blossom of flowers.            Lunch picnic.            After the excursion in Karakol Gorge drive to Karakol town.            Upon arrival visit: Prjevalsk museum, Dungan Mosque and Russian Orthodox Cathedral.            Dinner in a local Uigur family.</p>	BLD	Amir/Green Yard/ Tagaitai

		<b>Optionally: Cooking traditional dishes in a Uighur family</b>		
<b>6</b>	<b>4 May Wed.</b>	<b>Karakol town – Bishkek city via Bokonbaeva village (450km)</b> After breakfast transfer to Bishkek along the <b>Southern shore</b> of the Issyk Kul Lake. On the way we admire landscapes and make several stops for short hiking in the most picturesque spots. En route we stop in Bokonbaevo village to visit the local women’s cooperative where they produce felt carpets. Lunch en route. Upon arrival to Bishkek accommodation in the hotel. Dinner in a local restaurant. Overnight in the hotel.	BLD	Shah –Palace/ Futuro/ Ak-Keme
<b>7</b>	<b>5 May Thu.</b>	<b>Bishkek city – Airport “Manas” (30 km).</b> After breakfast in the hotel, you will be transferred to the International Airport “Manas”	B	

### Optional shows/events:

#### **Boat cruise at Issyk-Kul (up to 25Pax) – 150 USD per group (1 hour)**

The views of the lakeshore with mountains on the background will add impressions of the lake and give you a perfect photo opportunity.

#### **Felt production demonstration in Bokombaevo – 1-10Pax 35USD per Group; 10 Pax and more 60 USD per group (40 min - 1 hour)**

Before pressing the wool and making a carpet we have to think of every step – the colors, the ornaments, the techniques must be chosen carefully. Together with the locals we will learn this ancient handicraft and get closer to the culture of nomads. In Bokonbaevo they specialize in production of huge carpets to cover a yurt or to put on the floor. They have invented unique machinery using old tractor parts to help them with brushing and pressing the wool.

#### **Horseback riding national games near Burana Tower – 150 USD per group (1 hour)**

The djigits (young horsemen) will demonstrate their talents and the most popular horse game: tearing a goat (ulak tartysh)

#### **Eagle hunting show in Bokonbaevo – 80 USD per group (30 - 40min)**

We meet a Golden Eagle Hunter, whose ancestors were hunters as well. He tells us about his bird and about different hunting traditions. Then he demonstrates the hunt itself. The bird is taken up to mountains and is set free by the hunter, who is screaming and whistling. The Golden Eagle hunts a rabbit or a fox skin (for those who feel better to see a fake victim)) upon your request. You can take a closer look at the Bird and hold it in your hands!

#### **Cooking traditional dishes in a Uighur family in Karakol – 50 USD per group (1 hour)**

When having a meal in a Dungan or Uighur families in Karakol town, we can watch the lady of the house making the food. We learn how to make noodles for lagman and how to cook manty (type of dumplings) from the very beginning and then eat all we made! The spices, the stuffing – ladies open their cooking secrets to us.

**Fashion show in Bishkek – from 100USD per group (upon request)(30-40 min).** There is a number of famous designers in Kyrgyzstan who combine traditional ornaments with modern designs and tell you about the meaning of each embroidery and use of textiles. You will enjoy the show of fashion, beauty and creativity.

**Folklore musical show during dinner in Bishkek – 100 USD per group for 20 min; 150USD per group 30 min**

Professional musicians will demonstrate the traditional musical instruments and play Kyrgyz melodies, they sing folklore songs. The show (about 20-40 min) can take place in any part of Bishkek city (any Hotel, restaurant, café, etc) or in Ala Archa Natural Park. It is a very nice addition to a welcome or farewell dinner!

**The price is given in USD per person:**

<b>Pax</b>	<b>Price</b>
1	2290
2	1310
3	1055
4	950
5	870
6	815
SGLSPPL	170

**Suggested accommodation:**

<b>City</b>	<b>Hotel</b>	<b>Nights</b>
<b>Bishkek</b>	Shah –Palace/ Futuro/ Ak-Keme	3
<b>Cholpon Ata</b>	Kyrgyzskoe Vzmore	3
<b>Karakol</b>	Amir/Green Yard/Tagaitai	1

<b>Transport</b>	For group 1-3 pax we provide a/c minivan Mitsubishi Delica or Jeep/ for group of 4-6 pax – a/c minibus Mercedes Sprinter
<b>Meals</b>	Full Board

<b>The price is include</b>	
*Accommodation -7N	* Russian/English/French/German/Spain speaking guide
*Meals – Full Board (B-7, L-6, D-6)	*Entrance fees per program
*Bottled water (1liter per person per day)	
<b>Excludes</b>	
*Single Supplement	*tips for guide and transfer
*All personal expenses	*Alcohol drinks
*Air fairs	* Marathon Registration